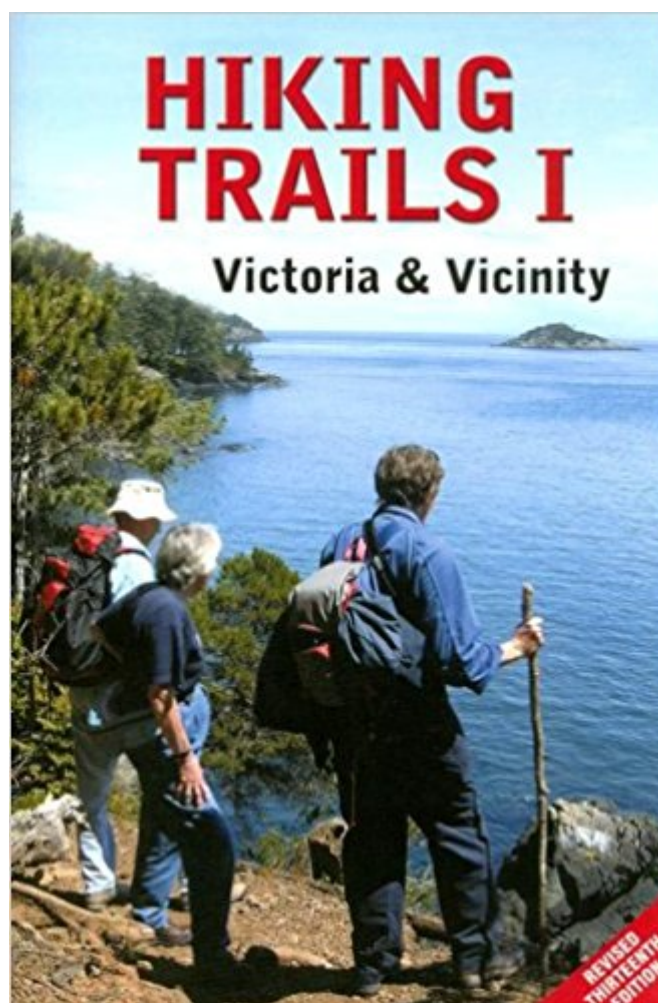


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Hiking Trails 1



Synopsis

Covers the Capital Regional District, including Portland, and Sidney Islands; the Saanich Peninsula; core municipalities; Western Communities; Sooke west to Port Renfrew; Juan de Fuca Marine Trail

* Over 100 destinations ranging from neighbourhood walks on pavement to week-long backpacking trips; includes the Gowlland Tod and Juan de Fuca Provincial Parks, and the popular Galloping Goose Trail. * 176 pages with index, 24 maps. * Includes Hints & Cautions, historical notes, birding and nature information. Thirteenth edition, 2007, compiled and edited by Richard K. Blier.

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Covers the Capital Regional District, including Salt Spring, Portland, and Sidney Islands; the Saanich Peninsula; core municipalities; Western Communities; Sooke west to Port Renfrew; West Coast Trail; and north to Spectacle and Oliphant Lakes.

The Vancouver Island Trails Information Society is a non-profit society dedicated to providing accurate information to the public about parks and trails on Vancouver Island.

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